## Honoring Herbal Traditions

## EIGHT-MONTH HERBAL STUDIES PROGRAM April to November 2015

Are you interested in holistic wellness for yourself, the animals and the earth? Join Kelley Robie and get to know the plants and their healing ways for an entire growing season. Located in Milton, Vermont, on a working horse farm, we will share woods, fields, wetlands and gardens as our natural classroom. Learn to care for the land where your plants grow, and develop your connection with the plants as teachers, spirits and friends. This course is open to all skill levels!

## Our areas of study will include:

- Organ systems of the body and herbal support of each system
- Diet and nutrition, including detox and fasting
- Herb walks and plant identification
- Herbal preparations: teas, tinctures, syrups, salves, infused oils etc.
- Ethical wildcrafting and plant conservation
- Herbal first aid
- Women's health, pregnancy & childbirth
- Men's health
- Children's health
- Companion animal health
- Field trips
- Introduction to Iridology

<u>Dates:</u> One Saturday a month from April to November, 9am to 5pm. Maximum: 12 participants. Tentative Dates: May 2 & 30, June 20, July 18, August 15, September 19, October 17 and November 7.

<u>Meals</u>: We will have a vegetarian potluck each Saturday for lunch. Students are asked to bring a dish to share with the class. Tea, fruit, and a green salad will be provided at each class.

<u>Cost</u>: \$900 includes all *materials*, *textbook* and a *membership to United Plant Savers*. A \$100 non-refundable deposit check is required to hold your space in the class. *Pre-registration is required*. We have one work-study position available.

<u>Location</u>: 134 Manley Rd, Milton, Vermont 05468 Onsite camping available!

Contact info: Kelley Robie (802) 893-0521

htherbs@comcast.net www.horsetailherbs.org

Kelley Robie, owner of Horsetail Herbs, is a practicing Herbalist and a certified Iridologist with a degree in Animal Science from the University of Vermont. She provides herbal, nutritional, and iridology consultations for people and herbal advice for equine and companion animals. She teaches herbal and iridology classes in the community. Kelley is also a practicing animal communicator.











